



Press Release – Contra Costa Times (San Ramon)

September 17, 2009

City of San Ramon Co-sponsors New Lacrosse Club

San Ramon, September 17, 2009 – The **San Ramon Raptor Lacrosse Club (SRRLC)** has been formed to promote the sport of lacrosse in the City of San Ramon. The club mission is to build character through good sportsmanship and to emphasize athletic and academic excellence among participants through competition in the sport of lacrosse. We support the growth of the sport in San Ramon and throughout the Bay Area by providing an environment for players to learn, discover, and embrace the lacrosse experience. Teams will be formed to compete during the Spring 2010 season, which begins February 1, 2010. The four age groups eligible to play include Boys and Girls U-15 (7th and 8th grades) Boys and Girls U-13 (5th and 6th grades). Club information is available online at www.sanramonlacrosse.com. The SRRLC teams will compete against other bay area teams as part of the Northern California Junior Lacrosse Association.

Lacrosse is currently the fastest growing team sport in the United States. US Lacrosse, the national governing body of men's and women's lacrosse, estimates current youth and high school participation at 528,000 athletes nationwide. The NCJLA has 55 active lacrosse clubs with approximately 15,000 participants. What makes lacrosse a unique sport is that parents, players, and coaches – must commit themselves to act with the highest level of sportsmanship, athleticism, and integrity at all times; and to abide by a Code of Conduct that embodies basic common sense principles, demonstrates consideration of others, and projects a positive image to our young men. This attitude is termed "Honoring the Game" is why every parent, should want their son or daughter to participate. Honor your family, work hard in school and enjoy lacrosse is what the Raptor Lacrosse Club believes.

The club is hosting a "Learn About Raptor Lacrosse" event on Thursday, October 8, 2009 at the San Ramon Community Center – Central Park from 7:00pm to 8:00pm. The meeting is open to all residents of San Ramon interested in learning about the sport of lacrosse and the SRRLC. Two Spring 2010 Registration Fee's, valued at \$195.00 ea. will be given away during the meeting.

Submitted by Frank Abajian, President, San Ramon Raptor Lacrosse Club, 7447 Hillsboro Avenue, San Ramon, CA 94583. Phone: 925-828-5170 - frank.abajian@sanramonlacrosse.com